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SPECIAL POINTS OF INTEREST:

- Thoughts for Christmas
- Give the gift of a Spa Package



T H O U G H T S A B O U T C H R I S T M A S

From November onwards, it is impossible to forget that Christmas is coming. Colored lights decorate many town centers and shops, along with shiny decorations, and artificial snow painted on shop windows. In streets and shops, 'Christmas trees' (real or plastic evergreen trees) will also be decorated with lights and Christmas ornaments. Groups of people will often sing carols on the streets to raise money for charity. Most places of work will hold a short Christmas party about a week before Christmas. Although traditional Christmas foods may be eaten, drink (and plenty of it) means that little work will be done after the party!



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By mid-December, most homes will also be decorated with Christmas trees, colored lights and paper or plastic decorations around the rooms. These days, many more people also decorate garden trees or house walls with colored electric lights, a habit which has long been popular in the USA.

'Father Christmas' (or 'Santa Claus') has become the human face of Christmas. Pictures will be seen everywhere of the old man with long white beard, red coat, and bag of toys. Children are taught that he brings them presents the night before Christmas (or in some countries on December 6th - St. Nicholas' Day), and many children up to the age of 7 or 8 really believe this is true. In most countries, it is said that he lives near the North Pole, and arrives through the sky on a sledge (snow-cart) pulled by reindeer. He comes into houses down the chimney at midnight and places presents for the children in socks or bags by their beds or in front of the family Christmas tree. Father Christmas is based on a real person, St. Nicholas, which explains his other name 'Santa Claus' which comes from the Dutch 'Sinterklaas'. Nicholas was a Christian leader from Myra (in modern-day Turkey) in the 4th century AD. He was very shy, and wanted to give money to poor people without them knowing about it. It is said that one day, he climbed the roof of a house and dropped a purse of money down the chimney. It landed in the stocking which a girl had put to dry by the fire! This may explain the belief that Father Christmas comes down the chimney and places gifts in children's stockings. Whatever your beliefs are during this time of year we wish you the best and have a great holiday season.



*A Holiday gift that will be remembered!
Hampton Inn & Suites getaway
Spa Package!*



Newlife Spa

Newlife Fitness & Spa for men & women and family has a 15,000 square-foot, state-of-the art facility that offers its members and guests the replenishing, relaxing, and revitalizing beauty and health care services including spa, fitness, skin care, beauty, massage, and much more

Newlife Spa wants to share their Asian wisdoms, culture and lifestyle to help you explore a new healthier lifestyle of your own by providing you with its unique services that combine the benefits of mind, body, and soul. This exclusive well-being center is also designed for you to enjoy time with your family and friends as your new healthy hangout spot.

Located about 10 minutes from the hotel, it's a great way for everyone in the family to unwind from the stress of the holidays!



Olympus Spa

Olympus Spa is the premiere day spa in the Puget Sound area where just **women** come together in a warm and comfortable environment. They have inviting, therapeutic whirlpools with hydro jets, radiant energy rooms, the Olympus signature massage, cleansing skin scrubs, a Mugwort steam sauna and Herbal dry sauna. Spa services also include healthy Asian food and a traditional Korean Tea Ceremony for an experience like no other.

Designed to relieve stress and inspire well being, They provide an atmosphere that reduces stress, anxiety and the muscle aches and pains of every day life.

Package Includes:

- **Overnight stay**
- **Welcome Spa Gift**
- **Certificate to the Spa of your choice**
- **Hotel 24hr Indoor heated Pool & Relaxing Jacuzzi**
- **Hotel On the house hot breakfast 6-10am**
- **Hotel Evening Reception 5 to 7pm nightly**
- **Rates Starting from \$159 - \$188 US**

(Prices do not include tax and subject to availability.)

To reserve your room now : www.reservations@hamptonseattlenorth.com



Be sure to check out our other packages that are available for a get way!

To reserve click on: www.hamptonseattlenorth.com



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SHUTTLE Service Coming Soon!!!

Our sister property the Best Western Cambridge Inn in Everett got an early Christmas gift from Santa, a new van to better serve their guests! That's right shuttle service will be available to all guest within a 10 mile radius of the hotel in just a few weeks. J. J., our new Guest Service staff member is now on board to shuttle the shuttle. Other things happening with the Best Western Cambridge Inn; starting December 5th they will formally start a evening Manager's Reception. The reception will run every Monday thru Thursday nightly from 5pm to 7pm with beer, wine, ice tea, chips and dip. Also on December 19th they will become totally Smoke Free! There are few other surprises in-store that will be happening in 2006. So watch this space to be the first to know!



The BerkShire Grill located right next to the Ramada Inn Northgate is now featuring live music on the weekends. The line up for December as follows:

- D'Railed Dec 2
- The Milo Peterson Trio Dec 3, 10, 30
- The Brad Buck Trio Dec 16, 17, 23
- John Henry Hansen Dec 9 & 31

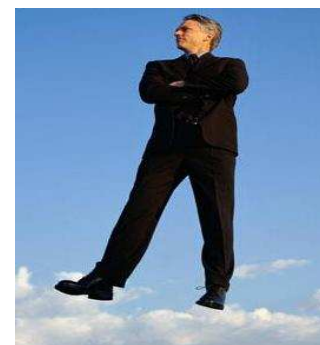
Music begins at 8pm and there's never a cover. Santa will also be making an appearance at the restaurant on Dec 18th from 10:30am-2:30pm. Stop by and have something to eat, get your picture taken with the jolly old man and kids get a free meal from the kid's menu with the purchase of a regular entrée.

Have you looked into what you are doing on New Year's Eve yet? The BerkShire will have live jazz with specials that evening to say good-bye to 2005. Did you know that Thursday thru Sunday all bottles of wine on their list are 50% off? Check-out their website: www.berkshiregrillseattle.com



"Cloud Nine" is on the Way!

Be confident that you will get the best rest to start your day right with the new "Cloud Nine" bedding coming to the Hampton Inn & Suites Lynnwood in 2006. It's like you have been floating on air all night long. A great way to start your day before that big meeting.



Pacific Northwest Holiday Events!



The Nutcracker 2005

Olympic Ballet Theatre
Montlake Terrace Performing Arts Dec 3 & 4: 2pm
Meany Hall, U of W Dec 10 & 11: 2pm
Everett Performing Arts Center Dec 18: 2 & 6pm

Tickets 425-774-7570 or Ticketmaster

www.olympicballet.com



Everett Silvertips Home Games

December 2 against Portland Winter Hawks
December 6 against Prince George Cougars
December 17 against Seattle Thunderbirds
December 29 against Tri-City Americans
December 31 against Medicine Hat Tigers

www.everettsilvertips.com



At the Everett Event Center



Steven Curtis Chapman & MercyMe December 7



Lynyrd Skynyrd December 16



World Championship Ice Racing December 18



Kanye West with Fantasia and Keyshia Cole December 10

www.everetteventscenter.com

Holly Jolly Holiday

Benaroya Hall

December 4, 2005 - 8 pm *
December 5, 2005 - 8 pm *
December 11, 2005 - 8 pm
December 22, 2005 - 8 pm
December 23, 2005 - 2 pm
December 23, 2005 - 8 pm
* with special guest, Ann Wilson

www.seattlemenschorus.org



Seahawks Home Games

December 11th against San Francisco
December 24th against Indianapolis

www.seahawks.com



We love having you here!